

Crisis Intervention and Emergency Services

Organization	Phone #
Emergency Phone Number	911
National Suicide and Crisis Lifeline	988
Montana 211	211
Local Resources	
Abbie Shelter Hotline- Domestic Violence	406-752-7273
Adult Protective Services- Elderly and Disability Advocacy	406-755-6491
Child Protective Services	1-866-820-5437 406-751-5959
Flathead County Crisis Assistance Team- Use in behavioral health crisis	406-751-8174
Flathead County Sheriff's Office	406-758-5610
Probation and Parole	406-752-2575
Public Defenders Office	406-751-6080
Whitefish Police Department	406-863-2420
National Resources	
Domestic Violence Hotline	1-800-799-7233
Montana Warmline	1-877-688-3377
National Maternal Mental Health Hotline	1-833-852-6262
Never Use Alone	1-800-484-3731
Sexual Assault Hotline	1-800-656-4673
Suicide Prevention Hotline	1-800-273-8255
The Trevor Project- suicide hotline for LGBTQ youth	1-866-488-7386
YouthLine	877-968-8491 Text teen2teen to 869863

Public benefits and housing support

Organization	Phone #	Address	Services	Website
Community Action Partnership	406-752-6565	1820 U.S. 93 S, Kalispell, MT 59901	Weatherization, energy assistance, housing, employment and training, homeless prevention services	https://www.capnm.net/
LIHEAP	406-758-5433		Emergency heating, weatherization, and other energy assistance	https://www.capnm.net/fuel-assistance
Office of Public Assistance	406-751-5900	121 Financial Dr. Suite A	Applications for assistance, SNAP, medicaid	https://mfbn.org/resource/office-of-public-assistance-kalispell/
Whitefish Housing Authority	(406) 901-2844	100 4th St Whitefish, MT 59937	Public housing and housing choice voucher program	
Housing Whitefish	406-318-6890	PO Box 4421 Whitefish MT	Rental assistance for people working in Whitefish area	https://www.housingwhitefish.org/whitefish-workforce-assistance-info
Habitat for Humanity of Flathead Valley	406-257-8800	2535 Hwy 93 South, Kalispell, Montana 59901	Homeownership programs	https://www.habitatflathead.org/
Montana Fair Housing	406-782-2573 or 1 (800) 929-2611	501 East Front St. Suite 504, Butte, MT 59701	Investigates allegations of housing discrimination and facilitates the complaint process for victims of housing discrimination	

Additional Area Food Banks

Organization	Phone #	Address	Hours	Eligibility Req's
Flathead Food Bank	406-752-3663	1203 US Hwy 2 W, Ste 2 Kalispell	Monday: 8:00AM to 12:45PM Tuesday: 8:00AM to 12:45PM Wednesday: 8:00AM to 12:45PM Thursday: 1:00PM to 5:45PM	Income requirement
NW MT Veterans Food Bank	406-756-7304	1349 U.S. Hwy 2 E Kalispell	Monday–Friday: 10AM to 3PM	Income verification, 200% of FPL
Columbia Falls Food Bank	406-892-0241	82 Railroad Street East Columbia Falls	Monday: 5PM to 6:30 PM Tuesdays 9:30 am to 12 pm	generally need to be below poverty line
Bigfork Food Bank	406-837-2297	7535 Montana Hwy 35 Bigfork	Tuesdays: 1st and 3rd Tuesdays of most months: 4PM to 6PM 2nd and 4th Tuesdays of most months: 9AM to 1PM 5th Tuesdays: Closed	income verification, fairly flexible
Tobacco Valley Food Pantry	406-297-7690	17 1st Avenue West Eureka	Thursdays: 2nd and 3rd Thursday: 12 PM-2 PM	income verification
Land to Hand Montana	406-261-5569	314 4th Ave W Columbia Falls	register at school	Weekend backpack program for children enrolled in Glacier Gateway Elementary, Ruder Elementary, and the Columbia Falls Junior High School.

Shelters

Organization	Phone #	Address	Services
Abbie Shelter	Helpline: 406-752-7273		Shelter for survivors of domestic violence. Additionally provides court advocacy, connection to counseling, and support groups.
Flathead Warming Center	406-885-3042	889 North Meridian Rd Kalispell	Overnight Shelter: October to April from 6pm to 10am Day Service: May to September, Mondays and Thursdays 12pm to 7pm
Lighthouse Christian Home	406-857-3276	384 N. Somers Rd Kalispell	Housing for people with disabilities
Peggy's House	406-300-1379	46 5th Ave Kalispell	Women and children; sober living
Ray of Hope	406-755-4673	46 5th Ave Kalispell	Male; sober living
Samaritan House	406-257-5801	124 9th Ave W Kalispell	Male and Female; no alcohol policy; no pets; ID required
Sparrow's Nest	406-309-5196	204 7th Ave W Kalispell	High school students ages 13-19

Mental Health

Organization	Phone #	Address	Services
AWARE	406-563-8117 Crisis: 1-800-481-8980	20 Third St E Kalispell, MT 59901	Mental Health & Disability Services; Case Management Services in Kalispell
Greater Valley Behavioral Health	406-607-4900 After Hours: 406-756-2912	431 1st Ave W Kalispell, MT 59901	Individual & Family Counseling; Case Management Sliding fee scale Kalispell, Evergreen, & Hungry Horse locations
Headwaters Wellness PLLC	406-219-7225	423 1st Avenue East, Kalispell, MT 59901	Psychiatric Medication Management and Education, Lifestyle Education
NAMI Flathead	406-201-9355	https://namiflathead.com Monthly support groups in Kalispell, Colombia Falls and Eureka	Supports groups for individuals w/ mental illness and family members Kalispell, Columbia Falls, Eureka
Nate Chute Foundation	406-260-4716		NCF provides financial aid to assist individuals in need of essential therapeutic services and support.
Tamarack Grief Resource Center	406-541-8472	17 Second St. East #203 Kalispell, MT 59901	Therapeutic, Nature-Based Programming
Sweet Grass Psychology	406-298-5728	114 Second St. West Whitefish, MT 59937	Individual, Family, Substance Use, EMDR, Medication Management Columbia Falls & Whitefish locations Accepts Medicaid
Hotlines/Warmlines			
Mental Health American of Montana	Montana Recovery Warmline: 1-877-688-3377 Family Peer Support: 406-518-1132	https://www.mhaofmt.org/	MHA of MT provides various warmlines (confidential, free, non-emergency phone services) for those struggling with mental illness and their families as well as online mental health screening tests
Montana Crisis Recovery Hotline	Call 1-877-503-0833 or text MT to 741-741	The Montana Crisis Recovery hotline is available Monday through Friday from 10:00 a.m. to 10:00 p.m	This hotline provides free and confidential crisis counseling services for Montanans who are experiencing mental health challenges

Infant and New Family Services

Organization	Phone #	Address	Services
Flathead City-County Health Department	(406) 751-8213	1035 1st Ave W STE 110 Kalispell	Maternal child health information, immunization clinics. home visits for families, WIC, car seats, etc.
Head Start – Kalispell	406-752-7011	79 7th Ave EN Kalispell, MT	Pre-school program at no cost to eligible families
Head Start – Columbia Falls	406-892-4144	80 Railroad St Columbia Falls, MT 59912	Pre-school program at no cost to eligible families
Hope Family Resource Center	406-257-6006	940 1st Ave E Kalispell, MT 59901	Material assistance, emotional support, education about pregnancy and parenting. Religious org.
Learning Tree Preschool	406-752-6565	1820 US 93 S Kalispell, MT	preschool run by CAPNM
Postpartum Resource Group	406-282-1160	thenetwork@postpartumresourcegroup.org	Volunteer based postpartum doula services, support groups, and postpartum scholarship
Postpartum Support International	1-800-944-4773	https://postpartum.net/	National org offering free online support groups and peer support
National Maternal Mental Health Hotline	1-833-TLC-MAMA (1-833-852-6262)		hotline offering free, confidential 24/7 support before, during, and after pregnancy
Nurturing Center	406-756-1414	322 2nd Ave W Ste B Kalispell, MT 59901	childcare scholarships, diapers & wipes, child safety items
WIC (Women, Infant, Children)	406-751-8170	1035 1st Ave West Kalispell, MT 59901	WIC is a special supplemental nutrition program for women, infants and children.

Substance Use

Organization	Phone #	Address	Services
Alano Club	406-314-4030	153 N Meridian Rd Kalispell, MT 59901	12 Step Meetings: AA, NA, CODA, ALANON, GA, ALATEEN, etc.
Big Sky Treatment Center	406-604-1151	1860 HWY 93 N, Kalispell, MT 59901	Outpatient Substance Use and Mental Health Services
Cedar Creek Integrated Health	406-890-2570	2282 US HWY 93 S Kalispell, MT 59901	Outpatient Substance Use and Mental Health Services. Serves all patients regardless of inability to pay
Ideal Option	406-693-8028	1205 S. Main St Kalispell, MT 59901	Medication Assisted Treatment
Many Rivers Whole Health	406-756-6453	418 Windward Way Kalispell, MT 59901	Outpatient Substance Use and Mental Health Services
Oxytocin	406-314-6565	1203 US HWY 2 W Kalispell, MT 59901	Outpatient Substance Use and Mental Health Services
Trailhead Counseling	406-404-6096	309 Wisconsin Ave Whitefish, MT 59937	Outpatient Substance Use and Mental Health Services

Senior Services

Organization	Phone #		Address
Agency on Aging	406-758-5730	40 11th St W STE 100 Kalispell	Caregiver program, in-home services, legal assistance, medicare counseling, Meals on Wheels
My Glacier Village	406-250-8784	1103 South Main Street Kalispell	Senior support for rides, events, grocery delivery, etc.
Shepherd's Hand	406-260-3502	911 Wisconsin Avenue #104 Whitefish, Montana 59937	Assists with light housekeeping, minor home repairs, transportation for essential needs, and respite for primary caregivers

Youth Services

Organization	Phone #	Address	Services
CRY - J	406-257-7400	110 E Idaho St Kalispell	Works to reduce youth involvement in justice system
Sparrow's Nest	406-309-5196	204 7th Ave W Kalispell	Youth homeless shelter
Flathead Youth Home	406-755-4622	825 E Oregon St Kalispell, MT 59901	Group home
Boys and Girls Club	406-892-2697	Columbia Falls & Evergreen	Childcare, youth programming
A Spot to Talk	406-201-9711	17 2nd Ave E Suite 204 Kalispell, MT 599010	Outpatient therapy for children and teens
Heart Locker	406-751-3630	412 3rd Ave W Kalispell, MT	Support for homeless & at-risk youth. operates during school year, closed for the summer
Yellowstone Boys and Girls Ranch	406-751-8017	450 Corporate Dr Suite 105, Kalispell, MT 59901	Outpatient therapy, case management, home support services
Good Grief Camp	406-755-6760	1203 US Hwy 2 W Kalispell, MT 59901	Grief camp for children
Coats for Kids	406-752-1522	1203 US Hwy 2 W Kalispell, MT 59901	Winter clothing for youth in need
Whitefish School District- Dr. of Special Services	Contact Sara Mueller at 406-862-8655		

Transportation

Organization	Phone #	Hours	About	Website
Mountain Climbers	406-758-5728	M-F 8AM-4PM	Rides within city limits of Kalispell, WF, Columbia Falls.	https://mtnclimber.org/
Logan Transportation	406-758-1437 transportationreferrals@logan.org		Transportation to and from medical apts (does not have to be within Logan Healthcare). Advanced scheduling required	https://www.logan.org/logan-health-medical-center/medical-transportation/
Snow Bus	For special needs, call 48 hours in advance 406-863-1200	Everyday, 8AM – 9:30PM	Free rides between downtown WF and the resort	https://skiwhitefish.com/snowbus/

Medical Assistance

Organization	Phone #	Address	Services
NW MT Veteran's Food Pantry	406-756-7304	1349 US HWY 2 E Kalispell, MT 59901	Provides low-income, at-risk individuals with medical equipment. Do not have to be veteran
Logan Health	406-752-1767		Families & individuals with income levels at or below 200% of Federal Poverty Level will receive a 100% discount. They offer sliding scale discounts for up to 400% of Federal Poverty Level.
Greater Valley Health Center	406-607-4900		Medical & dental services with locations in Kalispell, Evergreen and Hungry Horse. Greater Valley provides care regardless of ability to pay and has a sliding fee scale available. Also offer insurance navigation for folks who would like to enroll in Medicaid, Healthy Montana Kids, or insurance through the marketplace.
PACT	406-563-8117		Intensive case management for individuals with mental health challenges
Assist through Logan Health / Neighbors Helping Neighbors			Shelter for people being discharged from Logan Health
Soroptimist	https://soroptimistwhitefish.org/smile-of-hope/		Offers "Smile of Hope" grant of \$3,000 to women who need dental care but have limited access. Also offer "Live Your Dream Award" which offers grants for women pursuing higher education.

Veteran Services

Organization	Phone #	Address	Services
Lifeline for Vets	988 and press 1 Text 838255		Person-to-person hotline for Veterans to speak to Veterans
The VA Clinic	406-758-2700	31 Three Mile Drive #102 Kalispell, MT 59901	Psychiatric & Outpatient Therapy Services for VA Clients
The Vet Center	406-257-7308	690 N. Meridian Rd. 101 Kalispell, MT 59901	Counseling, homeless prevention servicews, addiction & substance use
MT Veteran's Affairs Division	406-755-3795	2989 HWY 93 Kalispell, MT 59901	General welfare of MT veterans and their families
NW MT Veteran's Food Pantry	406-756-7304	1349 US HWY 2 E Kalispell, MT 59901	Veteran to Veteran peer counseling and support, medical equipment
Volunteers of America – Veterans Services	406-758-2750 844-486-2838	1203 US HWY 2 Kalispell, MT 59901	Care coordination, employment & housing support

Other Services

Organization	Phone #	Address	About	Website
Salvation Army	406-257-4357	110 Bountiful Drive Kalispell, MT 59901	Breakfast & Lunch - Monday through Friday. Breakfast Served: 8:00AM to 9:00AM and Lunch Served: Noon to 1:00PM	
United Way	406-752-7266	1203 US HWY 2 Kalispell, MT 59901	Sleeping bags, toiletry kits, jackets Tax prep services	https://www.unitedwaycares.org/
Community Kitchen-Feeding the Flathead	406-300-2362		Weekly meals served at 6pm in Kalispell, Bigfork, Evergreen, CFalls. Check website for monthly schedule	https://communitykitchen-feedingtheflatheadinc.com/
Valley Neighbors	406-209-8446 info@valleyneighborswelcome.org		Immigrant support services	https://www.valleyneighborswelcome.org/
Job Service Kalispell	406-758-6200	427 First Ave. East Kalispell, MT 59901	Employment support and training	https://montanaworks.gov/job-service-montana/#kalispell
Assurance Auto Kalispell	406-260-4428	1402 Airport Rd Kalispell, MT 59901	Reduced price auto services	https://assuranceautoshop.org/
St. Richard's Church	406-249-7991	1210 9th St W Columbia Falls	Wood bank during the winter Contact: Marty Jones	